

The information you provide to the program administrator, including whether you even contacted the program, will not be shared with anyone. It is confidential.

### How Much Does Parent Education Cost?

Each parent education program sets its own fee. However, no program may charge more than \$100 a parent. If you are unable to pay the full fee, the parent education program in your area will let you know if you qualify to attend for a reduced fee or no fee.

### Who Do I Contact if I Have Questions, Complaints, or Suggestions for Parent Education?

Contact the Statewide Parent Education and Awareness Program Coordinator with any questions, complaints or suggestions at:

**TELEPHONE:**

(888) 809-2798 (toll free)

**EMAIL:**

[nyparent-ed@nycourts.gov](mailto:nyparent-ed@nycourts.gov)

**MAILING ADDRESS:**

25 Beaver Street, Room 885,  
New York, NY 10004

**WEBSITE:**

[www.nycourts.gov/parented](http://www.nycourts.gov/parented)

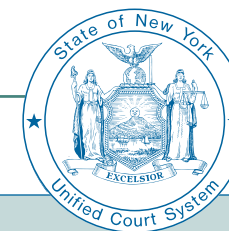


NEW YORK STATE  
**PARENT EDUCATION AND  
AWARENESS PROGRAM**

**Help for Separating  
or Divorcing Parents**



THE NEW YORK STATE  
**UNIFIED COURT SYSTEM**



## What Is Parent Education?

Parent education is a program that helps you as a parent better care for your children after a separation or divorce.

The goal of the program is to help you and your children adjust to the changes in your family in a healthy way.

## How Can Parent Education Help Me?

Parent education will give you information and teach you skills to make things easier for yourself and your children as your family changes. You will learn the effects of a breakup on children, ways to reduce stress and protect your children from disagreements or arguments that you may have with the other parent, and how to support your children and be a better parent after your separation.

## Who Can Refer Me to Parent Education?

A judge can order or refer you to parent education if you are a parent of a child under 18 years old and you are involved in a custody, visitation, divorce, separation, annulment or child support case.

You may be referred to parent education by an attorney, attorney for the child, psychologist, counselor, mediator, doctor, clergy member or others. You may also sign up on your own.

## How Do I Enroll in a Parent Education Class?

If a judge orders or refers you to parent education, you may be given an enrollment form. If you do not receive an enrollment form, or if you received a referral to the program by someone other than a judge, you can find the list of approved New York parent education program providers online at: <http://ww2.nycourts.gov/sites/default/files/document/files/2018-11/PublicCertifiedPEP01.pdf>

Contact the program that is most convenient to you. The administrator of the program will let you know details about the classes, including how to enroll or whether you may be excused from attending due to domestic violence or other special circumstances.

## When Is Parent Education Not Recommended? How Can I Be Excused from Attending?

A judge should not order you to attend parent education if there is domestic violence.

Domestic violence is a term used to describe situations or experiences where your partner has threatened to hurt you or your child, has hurt you physically or with words, or tried to control you through violence, intimidation, or by limiting access to friends, family, money and other basic resources. For more information about domestic violence, contact 1-800-942-6906 in NYS, or 1-800-621-HOPE (4673) in NYC.

If you are experiencing domestic violence and you need more information before deciding whether to attend parent education, contact the program administrator for assistance.

If you have other special circumstances that make attending the program difficult for you, let the program administrator know so that help can be provided.